

NORMAN AREA RESOURCE DIRECTORY

JANUARY 2023

A project of the Cleveland County disABILITY Coalition
The mission of the Cleveland County disABILITY Coalition is to enhance the quality of life for persons with disabilities.



United Way of Norman



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A close-up photograph of a person wearing a white lab coat, holding a hand. The hand being held has light-colored nail polish. The background is a soft, out-of-focus white.

HOTLINES

AIDS/HIV Hotline

1-800-535-2437

Oklahoma Abuse and Neglect Hotline

1-800-522-3511

NAMI Helpline

1-800-950-6264

Poison Control

1-800-222-1222

Reach Out (Mental Health & Substance Abuse)

1-800-522-9054

Red Rock Emergency Crisis Intervention

1-405-987-7625

National Runaway Safeline

1-800-786-2929

SAFE Hotline (Domestic Violence & Sexual Assault)

1-800-522-7233

National Domestic Violence Hotline

1-800-799-7233

Oklahoma Service & Crisis Referrals

2-1-1

Oklahoma Youth Crisis Mobile Hotline

1-833-885-2273

CARE Suicide Hotline

1-800-273-8255

WIC Hotline

1-888-655-2942

INFORMATION LINES



Asthma & Allergy Network

1-800-878-4403

Consumer Protection

1-833-681-1895

Epilepsy Foundation

1-800-332-1000

Hearing Aid Helpline

1-800-521-5247

National Down Syndrome Society

1-800-221-4602

National Organization for Rare Disorders

1-800-999-6673

Oklahoma Tobacco Helpline

1-800-784-8669

United Cerebral Palsy Association

1-800-872-5827

CHILD ABUSE

Bethesda, Inc.

1181 E. Main, Norman, OK 73071
405-364-0333
www.bethesdaok.org

Therapy and healing for children who have been sexually abused. It also provides education, treatment, and prevention techniques to non-offending caregivers.

Center for Children & Families, Inc.

210 Cockrel Ave., Norman OK 73071
405-364-1420
<https://www.ccfnorman.org>

Extended Families Program - crisis prevention; referrals to other agencies & short-term counseling. Parents Assistance Program – provides therapy, crisis intervention, counseling, playgroups, and parent education to families with parenting problems that can lead to child abuse or neglect.

Child Welfare Services – Dept. of Human Services, State of Oklahoma

631 E. Robinson, Norman, OK 73071
405-573-8300 or 1-800-522-3511 (Hotline)
<https://oklahoma.gov/okdhs/services/child-support-services/officelocations/norman.html>

Investigates referrals of abuse and neglect; provides services based on preserving and reuniting court-involved families; provides voluntary and preventative services to minimize harm to children and maximize the ability of families to protect and care for their children; includes foster care, adoptive services, and maternity services.

Crossroads Youth & Family Services, Inc.

1650 W. Tecumseh, Suite 500, Norman, OK 73072
405-321-0240
www.crossroadsyfs.org

Emergency Youth Shelter – provides emergency shelter and related services for children under age 18. Counseling is also available. Outpatient Behavioral Health (C.A.R.F. Accredited) – provides crisis intervention; individual, group, and family counseling for children under age 18 and their families; offers marital counseling if there is a minor child in the home; psycho-educational groups for teens.

Oklahoma Commission on Children and Youth (O.C.C.Y.)

1111 N. Lee, Suite 500, Oklahoma City, OK 73103
405-606-4900
<https://www.ok.gov/occy>

Oklahoma Commission on Children and Youth (O.C.C.Y.) was created to bring accountability and oversight into Oklahoma's child and youth service systems.



CHILD CARE

Baby Steps – Junior League of Norman

941 Nebraska, Norman, OK 73069

405-360-2717

<https://www.normanpublicschools.org/Page/121>

Provides daycare for teen parents attending a Norman high or mid-high school. Daycare is for children aged four weeks to three years. Transportation is provided through Norman Public Schools.

Birth Partners – Cleveland County Health Department

250 NE 12TH Norman, OK 73071

405-321-4048

<https://oklahoma.gov/health/county-health-departments/cleveland-county-health-department/services/birth-partners.html>

Birth Partners program offers free childbirth education classes to pregnant individuals, their families, and labor support persons. Doula support is also free for those eligible. Eligibility & registration information are available on the website.

Child Care Warmline – Dept. of Human Services, State of Oklahoma

1-888-574-5437

<https://oklahoma.gov/health/family-health/child-guidance-program/child-care-warmline.html>

Trained professionals in child development, guidance, and parent education are available to assist providers in finding the answers to questions and resources they need to provide quality childcare.

Institute of Child Development, University of Oklahoma

108 Fourth Street, Norman, OK 73019

405-325-1641

www.ou.edu/education/centers-and-partnerships/institute-of-child-development.html

Provides young children, ages 2-5, with a half-day preschool experience and provides parent education through parent meetings.



CHILD CARE

Oklahoma Child Care

4200 Perimeter Center, Suite 235, Oklahoma City, OK 73112
1-888-962-2772 or 405-942-5001
www.oklahomachildcare.org

Referral source for parents, child care providers, and child care facilities.

Rainbow Fleet Child Care Resource & Referral

3024 Paseo, Oklahoma City, OK 73103
405-521-1426 or 1-800-438-0008
www.rainbowfleet.org

Parents receive free help locating licensed child care. Offers resource center stocked with developmentally appropriate toys, books, and games. Open weekdays and by appointment evenings and weekends.

Special Care, Inc.

12201 N. Western, Oklahoma City, OK 73114
405-752-5112
www.specialcareinc.org

Special Care serves children, with and without special needs, through the year-round, high-quality early childhood education, specialized care, and on-site therapeutic services. Our mission is to nurture all children with and without special needs in safe, inclusive, and supportive environments through education, therapeutic intervention, and community acceptance.



COMMUNITY SERVICES

Alameda Church of Christ

801 E. Alameda, Norman, OK 73071
405-321-0788
www.alamedacofc.org

Alameda Church of Christ University Outreach

1001 Elm Ave, Norman OK 73069
405-321-4474
www.alamedacofc.org

Almeda Baptist Church

1503 E. Alameda, Norman, OK 73071
405-329-5157
www.alamedabaptistnorman.com

American Red Cross – Cleveland County

1205 Halley Ave, Norman, OK 73069
405-321-0552
Oklahoma Region | American Red Cross

Big Brothers/Big Sisters of Cleveland County

502 E. Main, Norman, OK 73071
405-364-3722
www.bbbsok.org

The mentoring program serves kids (ages kindergarten to 15 years old) who have an incarcerated parent.

Central Oklahoma Community Action Agency

1155 E. Main, Norman, OK 73071
701-2170

www.cocaa.org Prescription assistance, transitional housing, rental and utility assistance, eyeglasses.

Chokká Kilimpí-Family Resource Center

3200 Marshall Ave, Norman, OK 73072
405-767-8940
www.chickasaw-government-nsn.gov

Services to Native American population and couples and caregivers of Chickasaw children. Provides strengths-based therapeutic services. Office, school, and community-based services integrate culture to support individual and family wellness. An on-site cultural coordinator also integrates Chickasaw culture into the therapeutic process.



COMMUNITY SERVICES

CrossPointe Church

2601 24th Ave, Norman, OK 73072
405-329-0823
www.crosspointe.tv

Department of Human Services of Cleveland County

631 E. Robinson, Norman, OK 73071
405-573-8300
www.okdhs.org

Food stamps, T.A.N.F. (Temporary Assistance to Needy Families, daycare assistance, utility assistance, T.E.F.R.A. (SoonerCare for children with special needs)

First Presbyterian Thrift Shop

404 Toberman Dr., Norman, OK 73069
405-321-0933
www.fpcnorman.org

Provides used clothing and other items to the public at low prices.

Food & Shelter for Friends

201 Reed Ave, Norman, OK 73071
405-360-4954
www.foodandshelterinc.org

Serves a nutritious breakfast and 11 AM meal to those who may not otherwise be able to afford one. Provides shelter for homeless families.

Hilltop Baptist Church

11710 E. Stella Rd, Norman, OK 73026
405-794-0603
www.hilltopbaptistchurch.net

Infant Crisis Services

4224 N. Lincoln Blvd., Oklahoma City, OK 73105
405-528-3663
www.infantcrisis.org

Provides formula, baby and toddler food, diapers, blankets, clothing, car seats, and other necessities. An appointment is required, and same-day appointments are available.



COMMUNITY SERVICES

Latino Community Development Agency

420 SW 10TH, Oklahoma City, OK 73109
405-236-0701
<http://lcdaok.org>

The child development center provides free clinics, immunizations, translator assistance, and counseling.

McFarlin Memorial United Methodist Church

419 S. University Blvd., Norman, OK 73069
405-321-3484
www.mcfarlinumc.org

Meals on Wheels of Norman, Inc.

528 E. Main, Norman, OK 73070
405-321-7272
www.mealsonwheelsnorman.com

Hot meals, including special diets and pet food, are delivered between 11:00-12:30 Monday through Friday to individuals with disabilities or the elderly residing in Norman.

Mission Norman

2525 E. Linsey, Norman, OK 73071
405-321-8880
www.missionnorman.org

Provides food once every 30 days to needy individuals and families. Four transitional housing units are available for families and some financial assistance.

Norman First American United Methodist Church

1950 Beaumont Drive, Norman, OK 73071
405-561-1660
www.normanfirstamerican.com

Norman Shelter for Battered Women / Women's Resource Center

P.O. Box 5089, Norman, OK 73070
405-364-9424
www.wrcnormanok.org



COMMUNITY SERVICES

Oklahoma Family Network

<https://oklahomafamilynetwork.org/>

P.O. Box 21072, Oklahoma City OK 73156-1072

O: (405) 271-5072 (Wednesdays only) | C: (405) 593-3738

NOTICE: Due to COVID-19, the Oklahoma Family Network's main office is closed. However, we are checking messages and will return calls ASAP. We hope you and your family stay safe and healthy during this challenging time.

Oklahoma Natural Gas Company (O.N.G.)

1-800-664-5463

www.oklahomanaturalgas.com

Call 8-1-1 Before You Dig. To report a natural gas leak or emergency, leave the area immediately, call 1-800-458-4251.

Oklahoma Electric Cooperative (O.E.C.)

242 24th NW, Norman, OK 73069 405-321-2024

www.okcoop.org

Pioneer Library System

Provides Internet access, informational materials, basic computer classes, small business services, resume and job search assistance, grant writing classes, tutoring, literacy courses, personal finance information, virtual library, and children's programs.

Call your local branch for more details on each program.

Pioneer Library System: 300 Norman Center Ct., Norman, OK

405-801-4500

www.pioneerlibrarysystem.org

Norman Central Location: 103 W Acres St, Norman, OK 73069

405-701-2600

Norman West Location: 300 Norman Center Court, Norman OK 73072

405-701-2644

Norman East Location: 3051 Alameda, Norman OK 73071

405-217-0770

Moore Location: 225 S. Howard, Moore, OK 73160

405-793-5100



COMMUNITY SERVICES

Noble Location: 204 N. 5th, Noble, OK 73068
405-872-5713

South Oklahoma City Location: 2201 SW 134th, OKC, OK 73170
405-979-2200

Saint Joseph's Thrift Shop
421 E. Acres, Norman, OK 73071
405-321-8080
www.stjosephsok.org

Provides clothing at a small price for those in need.

Saint Mark the Evangelist Catholic Church
3939 W. Tecumseh, Norman, OK 73072
405-366-8070
www.saintmarknorman.org

Call and leave a message for assistance.
Assistance Hotline: 405-366-8070
Church Office Number: 405-366-7676

Salvation Army of Norman
318 E. Hayes, Norman, OK 73071
405-364-9910
<http://salvationarmyaok.org/norman>

Provides food, shelter, clothing, and utility, and rent assistance.

Women, Infants, & Children (W.I.C.)
Norman: 250 12th Ave NE, Norman, OK 73071
405-321-4048
Moore: 424 S. Eastern, Moore, OK 73160
405-794-1591
<https://oklahoma.gov/health/county-health-departments/cleveland-county-health-department/html>

Nutrition program for women, infants, and children.



DISABILITY RELATED

ABLE Council for Developmental Disabilities

300 N. Crawford, Norman, OK 73069
405-329-3922
www.okable.org

Provides vocational services, Community Integrated Employment, and group home living for adults with developmental disabilities. Participates in the high school Work Adjustment Training program under the Dept. of Rehabilitation Services.

American with Disabilities Act (ADA)

1-800-514-0301 (Voice) 1-800-514-0383 (TTY)
www.ada.gov

Information and technical assistance regarding the American with Disabilities Act.

Americans with Disabilities Act - Norman, OK

Cintha Allen, ADA Coordinator, City of Norman, OK
201 W. Gray St, Bld A, Norman, OK 73069
405-366-5446
cintha.allen@normanok.gov

Americans with Disabilities Act – City of Norman Buildings Official

Greg Clark, Building Services, City of Norman, OK
201 W. Gray St, Bld A, Norman, OK 73069
405-366-5346
greg.clark@normanok.gov

Among Friends Activity Center

1185 E. Main, Norman, OK 73071
director@amongfriendsnorman.org

Social setting with games, activities, crafts, music, friendship, and programs such as art, health and wellness.

Child Study Center

1100 NE 13th, OKC, OK 73117
405-271-5700
www.oumedicine.com/csc

Interdisciplinary evaluations, treatment, and consultation for children with developmental, educational, behavioral, or medical needs.



DISABILITY RELATED

Dale Rogers Training Center

2501 N. Utah Ave, OKC, OK 73107
405-946-4489 (Voice) 405-947-3872 (TTY)
www.drtc.org

Vocational training, in-house programs, work opportunities, and competitive community employment for individuals with disabilities.

Department of Rehabilitation Services, Norman Oklahoma

2227 W. Lindsey, Suite 1400 Norman, OK 73069
405-329-6096
<https://oklahoma.gov/okdrs.html>

Tuition, books, fees, transportation, maintenance, and other expenses related to a training program. Help with job placement is also provided with emphasis on vocational counseling and placement.

Department of Rehabilitation Services, Services for the Deaf

2401 NW 23rd, Suite 65, OKC, OK 73107
405-522-7930 (TDD)
<https://oklahoma.gov/okdrs.html>

Information and referral, workshops and training, interpreter certification, provision of telecommunication devices and alerting devices, hearing evaluations and hearing aids to eligible senior citizens, augmentative speech devices, and interpreter services.

Developmental Disabilities Services – DDS Area III

301 S. Indian Meridian, Pauls Valley, OK 73075
405-238-4700 or 1-800-522-1086
<http://oklahoma.gov/okdhs/services/dd>

Offers a wide array of community services for individuals with developmental disabilities and their families. Services are individualized to meet each person's needs.

Easter Seals of Oklahoma

701 NE 13th, OKC, OK 73104
405-239-2525
www.eastersealsoklahoma.org

Children and adults with disabilities and special needs find services including therapists, teachers and other health professionals that help each person reach his or her personal goals. Offer child development center and adult day center.



DISABILITY RELATED

Full Circle Senior Adult Day Center

4223 28th Ave, Norman, OK 73069

405-447-2955

<https://fullcircleok.org>

Necessary health and personal care, social, cultural, educational, and recreational activities. Medical and social assessments and screenings. A nutritious noon meal and snacks. Restorative therapies. Caregiver support and counseling. Administration of necessary medications.

JD McCarty Center

2002 E. Robinson, Norman, OK 73071

405-307-2800

www.jdmc.org

Provides comprehensive programs of rehabilitative care to Oklahoma's children (ages 0-21) with developmental disabilities. These include physical therapy, occupational therapy, speech-language therapy, psychological services, sensory integration, and comprehensive evaluations.

John W Keyes Speech and Hearing Center

825 NE 14th, OKC, OK 73104

405-271-4214

<https://alliedhealth.ouhsc.edu/Keys-Clinic>

Specializes in the education and remediation of speech, language and hearing impairments in children and adults. The center also houses the Language Preschool Classrooms, the Cleft Palate Clinic, the Communication Disorders Clinic, and the United Way Hearing Aid Bank.

National Center for Disability Education and Training – University of Oklahoma

3200 Marshall Ave, Suite 201, Norman, OK

405-325-1632

<https://outreach.ou.edu/training-and-development/ncdet>

Delivers a variety of programs to advance the employment and independent living of individuals with disabilities.

Oklahoma ABLE Tech

1514 W. Hall of Fame, Stillwater, OK 74078

1-800-257-1705

www.okabletech.org

Improve access to assistive technology (AT) for individuals with disabilities of all ages through comprehensive, statewide programs. Connects individuals with disabilities to AT through demonstrations and short-term loans to allow individuals to try and compare a variety of devices to find the best fit.



DISABILITY RELATED

Oklahoma Client Assistance Program – CAP/Office of Disability Concerns

11212 N. May, Suite 103A, OKC, OK 73120
405-521-3756
<https://www.ok.gov/odc>

Conflict resolution, mediation and negotiation, assistance with appeals process for clients and applicants to the Department of Rehabilitation Services.

Oklahoma Deaf-Blind Technical Assistance Project – University of Oklahoma

820 Van Fleet Oval, RM 121, Norman, OK 73019
405-325-0441
<https://ou.edu/education/edpy/special-education/deaf-blind-project>

The Oklahoma Deaf-Blind Technical Assistance Project (OKDBTAP) provides technical assistance and training to children (birth to 21) who have both a hearing and vision impairment. Services are offered at no cost to families, educators, administrators, related service providers, and early intervention providers. This project is supported by the U.S. Department of Education, Office of Special Education Programs (OSEP).

Developmental Disabilities Council of Oklahoma (DDCO)

P.O. Box 25352, OKC, OK 73125
405-521-4984
www.okddc.ok.gov

Advocacy training program can assist with training costs for parents attending conferences or training related to their child's disability and offers a summer program for youth (Youth Leadership Forum).

Oklahoma Disability Law Center

5600 N. May Ave, Suite 260, OKC, OK 73112
405-525-7755 (V/TTY)
www.okdlc.org

Provides free legal services to people with physical and mental disabilities; services include individual case services, systems advocacy and community legal education.

Oklahoma Foundation for the Disabled

8421 N. Walker, OKC, OK 73114
405-842-6636
www.okfd.org

Oklahoma Foundation for the Disabled is a place for adults with disabilities can come to better their lives, build friendships and develop new skills. OFD offers learning programs and services that include life skills, recreational activities, and socialization opportunities.



DISABILITY RELATED

Oklahoma Library for the Blind and Physically Handicapped

300 NE 18th, OKC, OK
405-521-3514
www.olbph.org

The Oklahoma Library for the Blind and Physically Handicapped is the source for talking books for those who are unable to read the written word due to visual impairments or physical disabilities. Our librarians are here to assist patrons with their reading selections. The Oklahoma Telephone Reader provides general interest newspaper articles and magazines for patrons to access via their home telephone. The Accessible Instructional Materials (AIM) Center assists children with their educational material needs including textbooks and equipment.

Oklahoma State Department of Education – Special Education Services

2500 N. Lincoln Blvd, OKC, OK 73105
405-521-3351
<https://www.ok.gov/sde/special-education>

Progressive Independence

121 N. Porter Ave, Norman, OK 73071
405-521-3203
www.progind.org

Information and referral sources for housing modifications and accessible housing lists. Independent living skills training, peer counseling, peer support groups, leisure activities, and medical equipment with appointment.

SSI Disabled Children's Program

Services offered may include: Adaptive equipment, Formula, Respite vouchers. These services are covered under SSI-DCP only if they are not covered by SoonerCare (Medicaid). If your child currently receives an SSI payment, you may request SSI-DCP services from your local DHS worker. Call 405-521-3646 for your local office's contact information.

SoonerStart – Cleveland County Health Department

Norman: 250 12th Ave NE, Norman, OK 73071
405-321-4048

Moore: 424 S. Eastern Ave, Moore, OK 73160
405-794-1591

<https://oklahoma.gov/health/county-health-departments/cleveland-county-health-department/services/sooner-start.html>

Provides developmental screenings, evaluation, assessment and early intervention, to promote healthy development in children. Child must be 0-36 months old.

A young woman with dark hair and glasses is smiling and supporting an elderly woman with white hair and glasses. The elderly woman is holding a white cane and wearing a light-colored top and pants. They are standing on a wooden floor in front of a grey brick wall.

DISABILITY RELATED

Sooner SUCCESS

940 NE 13TH Suite 4800, OKC, OK 73104
405-651-7809 or 1-877-441-0434
<https://soonersuccess.ouhsc.edu>

Information and resource referral for families of children and youth, birth to 21 years of age, with one or more of the following: developmental delay or disability, chronic health care needs, abuse/neglect issues, and mental health needs.

TEFRA -Oklahoma Department of Human Services

631 E. Robinson, Norman, OK 73071
405-573-8300
www.okdhs.org/services/health/pages/tefra.aspx

Medicaid benefits for children with physical or mental disabilities who would not ordinarily be eligible for Supplemental Security Income (SSI) benefits because of their parent's income or resources.

University Center for Excellence in Developmental Disabilities (UCEDD) OU Health Sciences Center

P.O. Box 26901 OKC, OK 73126-0901
405-271-4500 or 1-800-627-6827
www.ouhsc.edu/thecenter

Partners and self-advocates making a positive difference in the lives of people with disabilities and their families through learning and leadership.

Work Activity Center

203 E. Main, Moore, OK 73160
405-799-6911
www.wacok.com

Provides work experience and job opportunities for individuals with developmental disabilities.



EDUCATION

Adult Education & Literacy

809 N. Finley Ave, Norman, OK 73069

405-366-1059

<https://www.normanpublicschools.org/Domain/84>

Classes and tutoring in basic reading, writing and math for those below the 8th grade education level; help to non-high school graduates wanting to acquire the GED; and English as a second language.

Crossroads Youth & Family Services – Early Head Start & Head Start

1333 W. Main, Norman, OK

405-292-6440

<https://www.crossroadsyfs.org/youth-and-family-counseling>

CSBI Head Start/Early Head Start - 1111 E. Main Norman, OK 73071

405-701-2141 / FAX: 405-701-2112

St. Stephens Head Start - 1801 W. Brooks Norman, OK 73069

405-360-2124 / FAX: 405-360-1243

Moore Head Start/Early Head Start - 312 N. Janeway Ave. Moore, OK 73160 405-912-9993 / FAX: 405-912-2366

Baby Steps Early Head Start – 941 Nebraska Norman, OK 73069
405-360-2717

Early Foundations – Autism Center OK

3901 NW 63rd Suite 100, OKC, OK 73116

405-842-9995

<https://autismcenterok.org>

Program designed to work with toddlers with autism spectrum disorder to address the importance of early intervention and covers Cleveland County.

Language Enrichment and Preschool Success – LEAPS

University of Oklahoma Health Sciences Center

1200 N. Stonewall Ave, OKC, OK

405-271-4214

www.ah.ouhsc.edu/csd/clinics.asp

Provides early intervention services for young children who have been diagnosed with autism and developmental disabilities.



EDUCATION

Moore Norman Technology Center – Disability Services Program

4701 12th Ave NW, Norman, OK 73069

405-801-5000

<https://www.mntc.edu/about/studentclientemployers/student-information-center/current-students/top-resources/disability-services>

Disability Services provides academic support to MNTC students with special needs. We are committed to the goal of achieving equal educational opportunities, striving for full participation from all students, and assisting to facilitate student independence and academic progress.

Norman Public Schools – Special Education

131 South Flood Ave, Norman, OK 73069

405-366-5841

<https://www.normanpublicschools.org/Doman/91>

The purpose of special education is to minimize the impact of the disability and maximize the opportunity for the student to participate in school. The district's Special Services Department provides guidance and support to schools and families to ensure students are provided the specialized instruction and related services they require to succeed academically, as outlined in the federal Individuals with Disabilities Education Act (IDEA). Parents who believe their child is in need of special education and/or wish to learn more about their rights under IDEA may contact the district's Special Services department at 405.366.5841.

Norman Parents As Teachers - PAT

131 S. Flood, Norman, OK 73069

405-323-9733

<https://www.normanpublicschools.org/site/Default.aspx?PageID=2418>

Personalized home visits from Certified Parent Educators trained by National Parents As Teachers. Parent Educators provide family support and information about child's development to assist in parents being their child's first and most influential teachers.



EDUCATION

Oklahoma School for the Blind

3300 Gibson St. Muskogee, OK
918-781-8200 or 1-888-685-3323
osb.k12.ok.us

Founded in 1897, the Oklahoma School for the Blind is a fully accredited school that offers a complete educational program, tuition free, for the blind and visually impaired from preschool through high school.

Oklahoma School for the Deaf

1100 East Oklahoma Ave. , Sulphur, Oklahoma 73086
Phone: 580-622-4900
<https://www.osd.k12.ok.us/>

Oklahoma School for the Deaf is a public residential school for the deaf and hard of hearing students ages 2 through 18.

Oklahoma State Department of Education

2500 N. Lincoln Blvd, OKC, OK 73105
405-521-3301
osb.k12.ok.us

The Oklahoma State Department of Education is the state education agency of the State of Oklahoma charged with determining the policies and directing the administration and supervision of the public school system of Oklahoma.



EMPLOYMENT ASSISTANCE

ABLE

300 N. Crawford, Norman, OK 73069

405-329-3922

<https://okable.org>

ABLE provides a vocational and residential program for special needs adults in the Norman, Oklahoma area. Vocational services for persons with developmental disabilities and includes Community Integrated Employment for adults and a Work Adjustment Training program for high school students.

Dale Rogers Training Center

2501 N. Utah Ave, OKC, OK 73107

405-946-4489

www.drctc.org

Vocational training, in-house programs, work opportunities, and competitive community employment for individuals with disabilities.

Goodwill Industries – Norman

2430 W. Main, Norman, OK 73069

405-701-1680

www.okgoodwill.org

Job Connection Center offers help in resume writing, interview skills, interview clothing, online job search/applications, and hosts job fairs.

Oklahoma Department of Rehabilitation Services

2227 W. Lindsey, Suite 1400, Norman, OK 73069

405-329-6096

www.okrehab.org

Helps Oklahomans with disabilities bridge barriers to success at work. Vocational rehabilitation programs introduce or reinstate people with disabilities into the workforce.



EMPLOYMENT ASSISTANCE

Moore Norman Technology Center – H.I.R.E. Program Help In Reaching Employment (H.I.R.E.)

4701 NW 12TH Ave NOW, Norman, OK 73069

<https://www.mntc.edu/about/community-enrichment-programs/help-in-reaching-employment-hire>

MNTC's HIRE program provides education and employment services to Oklahomans receiving TANF (Temporary Assistance for Needy families). HIRE has provided hundreds of individuals with skills and support necessary to become successful in today's workplace. Help in finding a career that fits your interests and abilities, personal job placement guidance with resume, application, and job search training. Assistance with math, reading, spelling, and language skills and community internship opportunities.

Oklahoma Employment Security Commission

2401 N. Lincoln Blvd, OKC, OK 73105

405-557-7100 | 405-525-1500 (Unemployment) 405-557-7531 (TDD)

www.oesc.ok.gov

Provides employment assistance to individuals that desire to find employment, acquire training information as well as to be advised about community, state and federal resources.

Oklahoma Workforce Development

900 N. Portland Ave, OKC, OK 73107

<http://oklahomaworks.gov>

Oklahoma Works aligns resources, education, training, and job opportunities to build Oklahoma's workforce.

Thunderbird Clubhouse

1251 Triad Village Dr, Norman, OK 73071

405-321-7331

www.thunderbirdclubhouse.org

Employment opportunities are provided as a right of membership into the Clubhouse. Members can return to paid employment as staff assist in job placement, job retention and on the job training.



FINANCIAL PLANNING

AARP Tax Aid Program – Norman Senior Citizens Center

329 S. Peters Ave, Norman, OK 73069

405-329-4200

<https://www.normanok.gov/residents-visitors/parks-recreation/recreation/senior-citizens-center>

February-April 15th. Free tax assistance in preparing individual federal and state income tax returns for persons aged 60 and older with low and fixed incomes and those with special needs.

Central Oklahoma Community Action Agency – Family Support Services

224 S. Chestnut Ave, Moore, OK 73160

405-701-2170

<https://cocoa.org>

Helps low-income individuals and families avoid crisis situations in two ways; meeting emergency needs first, then helping families gain self-sufficiency through supportive case management and partnerships with other social service providers.

Internal Revenue Service (IRS)

55 N. Robinson Ave, OKC, OK 73102

405-272-9616

www.irs.gov

The Internal Revenue Service (IRS) administers and enforces U.S. federal tax laws. IRS.Gov is where you can find tax reform information and services, help with tax questions, taxpayer advocate service, forms & publications, The IRS helps you understand and meet your federal tax responsibilities.

Tax Help @ Pioneer Library System

103 W. Acres, Norman, OK 73070

405-701-2600

www.pioneerlibrarysystem.org

Moore: 225 S. Howard, Moore, OK 73160

405-793-5100

Noble: 204 N. 5th, Noble, OK 73068

405-872-5713

SOKC: 2201 SW 134TH OKC, OK 73170

405-979-2200



HEALTH CARE DENTAL

D-Dent

3000 United founders Blvd, Suite 122, OKC, OK
405-424-8092
www.d-dentok.org

Comprehensive free dental care for low income, uninsured, elderly (60+), veterans and adults with developmental disabilities

OU College of Dentistry

1201 N. Stonewall Ave, OKC, OK 73107
405-271-6056
<https://dentistry.ouhsc.edu>

The College of Dentistry provides comprehensive dental care, which includes cleanings, fillings, root canals, crowns (caps), bridges, partials, dentures, and implants.

Variety Care Dental

405-632-6688
<https://varietycare.org/services/full-service-dental-for-children-adults>

Provides a full range of dental services including cleanings and exams, pediatric dental care, procedures and orthodontics, including braces.



HEALTH CARE MEDICAL

Children First – Cleveland County Health Department

250 NE 12th, Norman, OK 73071

405-405-321-4048

<http://oklahoma.gov/health/county-health-departments/cleveland-county-health-department/services/children-first.html>

Health assessments, child development assessments, parenting education, nutrition education, health and safety information, and referrals to community agencies. These services are available to pregnant women less than 29 weeks.

Cleveland County Health Department

Norman: 250 NE 12th, Norman, OK 73071

405-321-4048

Moore: 424 SE Eastern Ave, Moore, OK 73160

405-794-1591

<https://cleveland.health.ok.gov>

Services by location:

Norman: Children first program, environmental health services, family planning, health education, Sooner Start, immunizations, TB skin tests, Child Guidance Services, communicable disease control, WIC clinic.

Moore: Family planning, immunizations, TB skin tests, Child Guidance Services, communicable disease control, WIC clinic.

Eden Clinic

1125 N. Porter Suite 200, Norman, OK

405-579-4673

www.edenclinic.tv

Services include pregnancy testing, OB ultrasound, 1st trimester prenatal care, STI testing and treatment, well woman checkups, abortion information and options, pregnancy wellness and after abortion care.

Mary Mahoney Memorial Health Center

12716 NE 36TH, OKC, OK

405-769-3301

www.chciokc.org

Full range of primary health services include ambulatory medical care, dental care, prenatal/postpartum care, childbirth education, family planning, well child check-ups, immunizations, developmental assessment, lab, x-ray, pharmacy, EPSTD, community health, Saturday clinic.



HEALTH CARE MEDICAL

Oklahoma Health Care Authority

4345 N. Lincoln Blvd, OKC, OK 73105
405-522-7300
www.okhca.org

Administers the SoonerCare program (Oklahoma Medicaid) and determines financial eligibility for the program.

RX for Oklahoma

405-232-0199 Ext. 3100

Applicants for the Rx for Oklahoma program must be uninsured or under-insured to qualify. There is no age requirement to receive assistance through the program. Medicare Part D and Medicaid beneficiaries with unique circumstances may qualify.

Variety Care Norman Family Practice

317 E. Himes, Norman, OK 73069
405-632-6688
www.varietycare.org

Variety Care is all about health and health for all! As a non-profit community health center, our team is dedicated to making it more convenient and less expensive for you and your family to receive medical care.

Variety Care Norman Pediatrics

1237 Alameda, Norman, OK 73071
405-632-6688
www.varietycare.org

Variety Care is all about health and health for all! As a non-profit community health center, our team is dedicated to making it more convenient and less expensive for you and your family to receive medical care.



HOUSING

ABLE Council for Developmental Disabilities

300 N. Crawford, Norman, OK 73069

405-329-3922

<https://okable.org>

Provides group homes and semi-independent living programs to individuals with developmental disabilities age 18 years and older.

Norman Housing Authority – Public Housing / Section 8 Rental Assistance

700 N. Berry Rd, Norman, OK 73069

405-329-0933

www.normanha.org

Provide housing for low-income families, individuals with disabilities, and the elderly.

The Willows

517 N. University Blvd, Norman, OK 73069

405-364-1224

One and two-bedroom apartments for low-income, physically disabled adults and seniors. Rent is subsidized through HUD.

A man in a dark suit and blue plaid tie is looking down at a desk. On the desk is a wooden gavel. The background is blurred green foliage.

LAW RELATED

City of Norman Police Department

201-B West Gray, Norman, OK 7307

405-321-1600

<https://normanok.gov/public-safety/police-department>

To maintain and enhance the quality of life in the City of Norman by protecting life, liberty, property, and keeping the peace. Serving Norman through the application of our values, community leadership, innovation and by working with the community to create permanent solutions to problems.

Cleveland County CASA, Inc.

2241 W. Lindsey, Suite 500, Norman, OK

405-360-5292

www.clevelandcountycasa.org

Court Appointed Special Advocate will serve abused and neglected children who are wards of the juvenile court and in out-of-home placements such as foster homes. The CASA speaks up for the child's best interest during the court process.

Cleveland County District Attorney's Office

201 S. Jones, Suite 300 Norman, OK 73069

405-321-8268

www.clevelandcount yok.com/158/Courthouse-Information

Victim/witness program, bogus check restitution program, and child support program.

Cleveland County Sheriff's Department

111 N. Peters, Suite 600 Norman, OK 73069

405-701-8888

www.ccsok.us

The Cleveland County Sheriff's Office was established in 1889 to provide professional law enforcement to the residents of Cleveland County, Oklahoma through efficient and effective methods and believe in inspiring positive success by transforming one life at a time.



LAW RELATED

Legal Aid of Western Oklahoma

2227 W. Lindsey, Suite 1550, Norman, OK 73072
405-360-6631

Provide legal representation in civil matters for senior citizens or citizens meeting financial guidelines.

Office of Juvenile Affairs – State of Oklahoma

1650 W. Tecumseh Rd, Suite 300, Norman, OK 73069
405-360-4310
<https://oklahoma.gov/oja.html>

Provide intake, probation, and parole services to youth and their families. The Office of Juvenile Affairs (OJA) also provides community partners; prevention, educational and treatment services, as well as secure facilities for juveniles to promote public safety and reduce juvenile delinquency.

Oklahoma Corporation Commission – Consumer Services Division

2101 N. Lincoln Blvd, OKC, OK 73105
405-521-2331 or 1-800-522-8154
www.oklahoma.gov/occc.html

Investigate, negotiate and mediate complaints made by consumers against any public utility or oil and gas companies in Oklahoma.

Oklahoma Disability Law Center

5600 N. May Ave, Suite 260, OKC, OK 73112
405-525-7755 (V/TTY)
www.okdlc.org

Provides free legal services to people with physical and mental disabilities; services include individual case services, systems advocacy, and community legal education.

University of Oklahoma College of Law Legal Clinic

300 Timberdell Rd, Norman, OK 73019
405-325-3702
www.law.ou.edu/academics/experiential-learning/clinics

The clinic provides pro bono services for economically eligible clients.



MENTAL HEALTH & SUBSTANCE ABUSE

Central Oklahoma Community Mental Health Center

909 E. Alameda, Norman, OK 73071

405-360-5100

www.cocmhc.org

Short-term and long-term therapy, medication services and after care case management.

Cleveland County Health Department – Child Guidance Clinic

Norman: 250 NE 12th, Norman, OK 73071

405-321-4048

Moore: 424 S. Eastern, Moore, OK 73160

405-794-1591

<https://oklahoma.gov/health/county-health-departments/cleveland-county-health-department/services/child-guidance.html>

Counseling for children ages 3 – 12 and their families. Child Development & Speech/language services for birth - 8. Hearing screenings for children birth – 12. Sliding scale fee. Medicaid accepted. The Child Guidance Clinic at the Cleveland County Health Department works with families and children to prevent problems and help families grow and develop together. There are no eligibility guidelines for obtaining services from the Child Guidance.

Crossroads Youth & Family Services, Inc

1650 W. Tecumseh, Suite 500, Norman, OK 73072

405-321-0240

1333 W. Main, Norman, OK 73069

405-321-0240

www.crossroadsyfs.org

Outpatient Behavioral Health (CARF Accredited) – provides crisis intervention; individual, group, and family counseling for children under age 18 and their families; provides marital counseling if there is a minor child in the home; psycho- educational groups for teens. Emergency youth shelter.

Griffin Memorial Hospital

900 E. Main, Norman, OK 73070

405-321-4880

www.odmhsas.org

Provides adult inpatient psychiatric treatment.



MENTAL HEALTH & SUBSTANCE ABUSE

Family Frontier System of Care

1120 E. Main, Norman, OK 73071

405-360-5100

www.odmhsas.org/cocmhs/services/FamilyFrontierSystemofCare.htm

Provides mental health and substance abuse services. The Family Frontier System of Care is a comprehensive spectrum of mental health and other necessary services which are organized into a coordinated network to meet the multiple and changing needs of children and their families.

Jesus House

1335 W. Sheridan, OKC, OK 73106

405-232-7164

www.jesushouseokc.org

Recovery program focuses on the first 6 months. The Life Transition Plan (LTP) aims to give clients recovery to live a completely sober and addiction free life. Jesus House provides clients the tools to flourish spiritually, financially, emotionally, and socially.

NAIC – Center for Oklahoma Alcohol and Drug Services, Inc.

215 W. Linn, Norman, OK 73069

405-321-0022

www.thevirtuecenter.org

Individual and group counseling; DUI school; drug court; youth and family programs; and treatment for gambling and co-occurring disorders.

NAMI – Cleveland County National Alliance of Mental Illness

1171 E. Main, Norman, OK 73071

405-408-0984

<https://www.namioklahoma.org>

The National Alliance on Mental Illness of Oklahoma. NAMI Oklahoma is a passionate team made of families, members, affiliates, and partners throughout the state who are leading the change on mental illness. Raise awareness and provide essential and free education, advocacy and support group programs for people living with mental illness and their loved ones.



MENTAL HEALTH & SUBSTANCE ABUSE

Norman Regional Hospital Behavioral Medicine Group

901 N. Porter, Norman, OK 73071

405-307-5555 (24 Hour Referral)

www.normanregional.com/services/inpatient-behavioral-medicine

Norman Regional Behavioral Medicine Services provides a multidisciplinary, team approach with board eligible and certified psychiatrists, psychologists, psychiatric social workers, licensed professional counselors, and registered nurses are here for you. Counseling for children and adults. Medicaid accepted.

Northcare of Norman Behavioral Health

550 NW 24th Ave, Suite D, Norman, OK 73069

405-858-2785

www.northcare.com

Serves children ages 5 through 17 and their families. Family counseling services are home-based.

Oklahoma Department of Mental Health and Substance Abuse Services

1200 NE 13TH, OKC, OK 73117

405-522-3908 or 1-800-522-9054

www.ok.gov/odmhsas

Red River Youth Academy

3400 Deskin Dr, Norman, OK 73069

405-701-8530

www.redriverya.com

Serves males ages 8-17 and females ages 12-17 experiencing serious emotional/behavioral disorders.

Red Rock Behavioral Health Services

900 E. Main, Bldg. 52, Norman, OK 73070

405-307-4800

www.red-rock.com

Provides inpatient individual therapy, group therapy, family therapy, crisis intervention and psychiatric services for adults.



MENTAL HEALTH & SUBSTANCE ABUSE

Thunderbird Clubhouse

1251 Triad Village Dr, Norman, OK 73071

405-321-7331

www.thunderbirdclubhouse.org

Employment opportunities are provided as a right of membership into the Clubhouse. Members can return to paid employment as staff assist in job placement, job retention and on the job training.

Transition House, Inc.

700 Asp, Suite 2, Norman, OK 73069

405-360-7926

www.thouse.org

Provides a Transitional Living Program and Community Outreach Program for adult mental health consumers.



RECREATION

Among Friends Activity Center – Community Services Building, E-Wing

1185 E. Main St, Norman, OK 73071
405-701-2121
www.amongfriendsnorman.net

An activity center for adults with special needs and disabilities. Open Monday-Friday 10:00am to 3:00pm. There is a monthly membership fee. Lunch served daily for small fee. Special programs such as art and health and wellness.

Boy Scouts of America – Last Frontier Council

3031 NW 64TH OKC, OK 73116
405-840-1114
www.scoutingrocks.tv

Camp Fire – Heart of Oklahoma

3309 E. Hefner Rd, OKC, OK 73131
405-478-5646
www.campfirehok.org

Youth development and leadership agency providing afterschool programs, summer and break camps, club programming, and teen leadership programs. Their pillars revolve around outdoor education and service learning.

Cleveland County 4-H OSU Extension Center

601 E. Robinson, Norman, OK 73071
405-321-4774
<https://extention.okstate.edu/county/cleveland>

Informal education and leadership opportunities for youth in the areas of civic engagement, healthy living, and science. There is a strong emphasis on agriculture, horticulture, family consumer services, and STEAM.

Cleveland County Family YMCA

1350 Lexington Ave, Norman, OK 73069
405-364-9622
www.ymcanorman.org

After school care, youth sports, parents' night out, family fun night, summer camps, schools out camp, fitness programs, and specialty classes.



RECREATION

Firehouse Art Center

444 S. Flood Ave, Norman, OK 73069
405-329-4523
<http://normanfirehouse.org>

Art programs nurtures and provides an outlet for the creative expression of individuals with varying degrees of cognitive, physical, and learning disabilities.

Girls Scouts of Western Oklahoma

6100 N. Robinson, OKC, OK 73118
405-528-4475
www.gsestok.org

A leadership program for girls that focuses on 5 areas: strong sense of self, positive values, challenge seeking, healthy relationships, and community problem solving.

Hoofbeats for Hope

8900 Slaughterville Rd, Slaughterville, OK 73051
405-650-6175
www.hoofbeatsforhope.com

Therapeutic Riding center provides riding sessions for children and adults with special needs.

Norman Parks and Recreation – Ruby Grant Park

201 W. Gray, Norman, OK 73070
405-366-5472
www.normanok.gov/residents-vistors/parks-recreation

Free and fee-based classes for a variety of sports, dance, and fitness; athletic programs; and after school and summer school programs. Ruby Grant Playground, a large handicap-accessible children's play area, which is suitable for children of all abilities. Unusual for an outdoor play area, some features include sound effects, such as identification of bird calls and animal sounds. Among other features, the signage throughout the play area is in raised letters and in Braille.

Oklahoma Foundation for the Disabled

8421 N. Walker, OKC, OK 73114
405-842-6636
www.okfd.org

Provides high quality and activity-oriented adult day health services for adults with developmental disabilities in central Oklahoma



RECREATION

Pioneer Library System

Includes internet access, books/book on cd, DVDs/movies, virtual library that includes audiobooks, eBooks, movies, tv shows, and music, programs for all ages (including sensory friendly storytimes for children), study spaces to reserve, and meeting rooms to host events. Call your local branch for more details on services and programs provided.

300 Norman Center Court, Norman, OK 73072

405-801-4500

www.pioneerlibrarysystem.org

Norman Central Location: 103 W Acres St, Norman, OK 73069

405-701-2600

Norman West Location: 300 Norman Center Court, Norman OK 73072

405-701-2644

Norman East Location: 3051 Alameda, Norman OK 73071

405-217-0770

Moore Location: 225 S. Howard, Moore, OK 73160

405-793-5100

Noble Location: 204 N. 5th, Noble, OK 73068

405-872-5713

South Oklahoma City Location: 2201 SW 134th, OKC, OK 73170

405-979-2200

Sooner SUCCESS

1100 N.E. 13th #4800 OKC, OK 73104

405-271-2710

www.soonersuccess.ouhsc.edu

Sooner SUCCESS works intimately with both the public and private sectors with the overarching goal to promote a comprehensive, coordinated system of health, social and educational services for Oklahoma children and youth with special healthcare needs in their local community.

Special Olympics Oklahoma

6835 S. Canton Ave, Tulsa, OK 74136

918-481-1234

www.sook.org

Special Olympics Oklahoma is authorized and accredited by Special Olympics, Inc., for the benefit of citizens with intellectual disabilities. Today, Special Olympics Oklahoma benefits 12,100 athletes and is supported by over 13,000 volunteer coaches and thousands of sponsors, donors and volunteers conducting more than 175 sports competitions and training clinics every year.



RESPITE

Note: For a full Comprehensive Respite Locator, please visit:
<https://okcares.org/respite-locator/>

Among Friends Activity Center – Community Services Building, E-Wing

1185 E. Main St, Norman, OK 73071
email: director@amongfriendsnorman.org
www.amongfriendsnorman.net

An activity center for adults with special needs and disabilities. Open Monday-Friday 9am to 4pm. Monthly membership fee. Lunch is served daily for a small fee. Special programs like Art Exercise, and Healthy Living Classes are available. Contact the director through email for more information

Full Circle Adult Day Center

4223 28TH Avenue NW, Norman, OK 73069
405-447-2955
<https://fullcircleok.org/>

Full Circle Adult Day Center. Full Circle Adult Day Center provides quality, professional adult day services for seniors and people with disabilities.

JD McCarty Center

2002 E. Robinson, Norman, OK 73071
405-307-2800
www.jdmc.org

Provides inpatient and outpatient services for children with developmental disabilities.

Oklahoma Foundation for the Disabled

8421 N. Walker, OKC, OK 73114
405-842-6636
www.okfd.org

Provides high quality and activity-oriented adult day health services for adults with developmental disabilities in central Oklahoma.



RESPITE

Project Outreach – St. Stephen's United Methodist Church

1801 W. Brooks, Norman, OK 73069

405-361-0921

sites.google.com/site/projectoutreachnorman/

Project Outreach Norman is a free respite care program for children with disabilities (through age 21) and their siblings (to age 12).

Sunbeam Family Services, Inc.

1100 NW 14TH, OKC, OK 73106

405-528-7721

www.sunbeamfamilyservices.org

The Caregiver Fundamentals Program is funded by the Areawide Agency on Aging and the Older Americans Act. The purpose is to provide support and resources to seniors that are fulfilling the role of caregiver. Services include: Create/maintain caregiver support groups—this includes providing basic facilitator training, a light meal, and any necessary respite care so that the caregiver can attend the training; Counseling services for the caregiver—up to six sessions are provided for free to the caregiver; Training/Education—comprehensive educational series, presentations; Respite Care—provide respite care for about 4 hours/week.

A vertical photograph on the left side of the page shows a woman with short blonde hair drinking from a clear plastic water bottle. She is wearing a light-colored t-shirt. In the background, another person wearing a blue shirt and a white hat is partially visible. The background is bright and out of focus, suggesting an outdoor setting.

SENIOR CITIZENS

Aging Services Meal Services – Norman

329 S. Peters, Norman, OK 73069

405-360-1472

<https://www.normanok.gov/residents-vistors/parks-recreation/recreation/senior-citizen-center>

Monday – Friday, 11:30 am | For ages 60 and over

Call 405-360-1472 for more information and to make reservations for lunch.

Moore Council on Aging – BRAND Senior Center

501 E. Main, Moore, OK 73160

405-799-3130

<https://cityofmoore.com/community-resources/brand-senior-center>

Provides arts and crafts, quilting, recreation, and educational programs. Provides a site for the congregate meals program and provides transportation for senior citizens and the disabled.

Norman Senior Citizens Center

329 S. Peters, Norman, OK 73069

405-329-4200

<https://www.normanok.gov/residents-vistors/parks-recreation/recreation/senior-citizen-center>

The City of Norman is committed to enhancing the quality of life of active seniors and adults ages 55 and over by providing recreation and leisure activities to complement their rich and rewarding lifestyle. \$30.00 per year.

Retired and Senior Volunteer Program (RSVP)

7401 N.E. 21ST, OKC, OK 73141

405-605-3110

www.rsvpokc.org

RSVP of Central Oklahoma is enriching the lives of older adults by connecting them with meaningful and rewarding community volunteer opportunities.



SENIOR CITIZENS

Sunbeam Family Services, Inc.

1100 NW 14TH, OKC, OK 73106

405-528-7721

www.sunbeamfamilyservices.org

The Caregiver Fundamentals Program is funded by the Areawide Agency on Aging and the Older Americans Act. The purpose is to provide support and resources to seniors that are fulfilling the role of caregiver.

Services include: Create/maintain caregiver support groups—this includes providing basic facilitator training, a light meal, and any necessary respite care so that the caregiver is able to attend the training; Counseling services for the caregiver—up to six sessions are provided for free to the caregiver; Training/Education—comprehensive educational series, presentations; Respite Care—provide respite care for about 4 hours/week.

There is no cost associated with any of the services and there are no income guidelines. The caregiver must be 60 or over and a caregiver to be eligible to receive services. This program serves Canadian, Cleveland, Logan, and Oklahoma counties.



SHELTER

Bridges

1670 Stubbeman, Norman, OK 73069
405-579-9280
www.bridgesnorman.org

Provides housing, food, clothing, medical fees, utility, rental, counseling, school fees/supplies, household items, personal hygiene items, and referrals to youth who attend a high school in Norman and do not or cannot live with a parent or guardian for a reason beyond their control.

City Rescue Mission

800 W. California, OKC, OK 73106
405-232-2709
www.cityrescue.org

Food and Shelter, Inc.

201 Reed Ave, Norman, OK 73071
405-360-4954
www.foodandshelterinc.org

Women's Resources Center

Satellite Office: 222 E. Eufaula, Suite 2220, Norman, OK 73069
405-364-9424
www.wrcnormanok.org

30-day shelter, crisis intervention, 24-hour phone line for crisis intervention with victims of sexual assault and domestic violence. Counseling/advocacy for residents of shelter. Education groups for victims of domestic violence.

Salvation Army of Norman

1124 N. Porter, Norman, OK 73071
405-364-9910
www.salvationarmyokcas.org/clevelandcounty

Provides food, shelter, clothing, and utility assistance.



SUPPORT & ADVOCACY

Ability Connection Oklahoma

10400 Greenbriar Place, OKC, OK 73159
405-759-3562
www.acok.org

Non-profit organization serving children and adults with cerebral palsy and other physical disabilities.

South Central CASA of Oklahoma

2241 W. Lindsey, Suite 500, Norman, OK 73069
405-360-5295
www.southcentralcasa.org

Recruits, screens, and trains community volunteers to act as Court appointed Special Advocates for abused and neglected children in juvenile “deprived” proceedings, and to help ensure their needs and best interests are served while wards of juvenile courts.

Down Syndrome Association of Central Oklahoma

521 W. Wilshire Blvd, Suite 130, OKC, OK
405-600-9981
www.dsaco.org

Family support, advocacy, programs for children, teens, and adults.

Kaleidoscope

PO Box 720314, Norman, OK 73070
405-306-0052
<https://www.kaleidoscopegriefsupport.com>

Free support groups for children grieving the death of a family member.

Oklahoma Autism Network

1200 N. Stonewall Ave, OKC, OK 73117
405-271-7476
www.okautism.org



SUPPORT & ADVOCACY

Oklahoma Family Network

800 NE 15TH Suite 316, OKC, OK 73104

405-271-5072 or 877-871-5072

<http://oklahomafamily.network.org>

Focuses on supporting families of children and youth with special needs via emotional support, resource navigation, and ensuring quality healthcare for all children and families through strong and effective family/professional partnerships.

Oklahoma People First

1145 E. Main, Norman, OK 73071

405-701-2077

www.peoplefirst.org

People First is a statewide self-advocacy group run by, and for, people with developmental disabilities.



TRANSPORTATION

Embark – Public Transportation Services

2000 S. May Ave, OKC, OK 73105

405-235- RIDE (7433)

<https://embarkok.com>

EMBARK provides public transportation services in Norman and Oklahoma City. EMBARK Norman operates from 7 AM to 10 PM, Monday - Friday and 10 AM to 7 PM on Saturdays. View individual route schedules for precise service schedules at <https://embarkok.com/norman>

Embark PLUS – Norman

2000 S. May Ave, OKC, OK 73105

405-297-1668

<https://embarkok.com/learn/services/plus>

EMBARK Plus is a specialized service for individuals with disabilities. An application, physician medical form, and advanced eligibility approval are required to utilize EMBARK Plus. EMBARK Plus is available in both Norman and Oklahoma City to eligible individuals that are not functionally able to independently utilize fixed-route public transportation. EMBARK Plus service hours mirror our fixed route system. Visit <https://embarkok.com/learn/services/plus> for hours of operation and application information or call us at 405-235-RIDE (7433).

Kiwanis Kruiser

1179 E. Main, Norman, OK 73071

405-321-3200

www.kiwanisnorman.org

Furnishes door-to-door transportation to senior citizens (age 60 and older) living in Norman for doctor appointments, groceries, and errands.



TRANSPORTATION

Oklahoma Department of Transportation – ODOT
Civil Rights Division

200 N.E. 21ST Room 1-C1, OKC, OK 73105-3204
405-521-3186

<https://oklahoma.gov/odot/about/contact-us/divisions/civil-rights-division.html>

The mission of the Oklahoma Department of Transportation's Civil Rights Division is to ensure equal employment opportunity within ODOT, to level the playing field for Disadvantaged Business Enterprises (DBEs) by providing full and meaningful participation opportunities in ODOT's federally funded highway projects and to planning.

Federal U.S. Department of Transportation
Federal Highway Administration for State of Oklahoma

5801 N. Broadway Extension, Suite 300, OKC, OK 73118
405-254-3300

Email: Oklahoma.FHWA@dot.gov



STATE ASSISTED PROGRAMS

Many of the State Assistance Programs can be accessed and applied for online here <http://www.okdhs.org>

Advantage Waiver Program

<https://oklahoma.gov/ohca/individuals/advantage-waiver-program.html>

This program provides funding for in-home services to older Oklahomans and adults with physical disabilities who are medically and financially eligible to receive nursing facility care under Medicaid guidelines. It is administered through the Oklahoma Department of Human Services (OKDHS) Aging Services and the Long-Term Care Authorities of Tulsa and Enid. Services can include adult day care, comprehensive home care, case management, skilled nursing care, medications, specialized equipment and supplies, environmental modifications, and other supportive assistance. Eligibility requirements include an assessment by OKDHS nurses to determine level of care.

Child Care Assistance

<https://okdhslive.org/>

This is a program of the OKDHS that helps to pay for all or part of the cost of child care for children up to age 13 while the parent(s) work or go to school. Assistance may also be available for children older than 13 who have a disability. Child care must be provided by a licensed provider. Eligibility for the program is based on income. Application for the program is made through the local county OKDHS Family Service Center. Applicants need to provide information about work or school schedule in addition to proof of income.

Family Support Assistance Program

<https://oklahoma.gov/okdhs/services/dd/fsap.html>

This program provides cash payments ranging from \$250 to \$400 per month, depending on the number of children under 18 years old with developmental disabilities living in the home. To qualify, the family must be headed by natural or adoptive parent(s) or a legal guardian (adoptive parents cannot also receive an adoption subsidy); have an adjusted gross income of no more than \$45,000 per year and live in Oklahoma. The child must be under 18 years old, a diagnosis of a developmental disability as defined by Oklahoma law; and live in the family home. Families cannot receive the Family Support Assistance payment if they are already receiving waiver services. Application for this program is available at the local county OKDHS office or one of the Developmental Disability Services (DDS) area offices. Families who qualify are served in chronological order, based on the date of their application, as funds allow.



STATE ASSISTED PROGRAMS

Home and Community Based Waiver

<https://oklahoma.gov/okdhs/services/dd/developmental-disabilities-services.html>

This program offers a variety of services so that individuals with a developmental disability can live at home. The waiver provides services such as in-home paraprofessional supports, respite care, specialized therapy, counseling, family training, adaptive equipment, architectural modifications to the home, skilled nursing, transportation, and habilitation training. To be eligible for this program, the person or child must: 1.) be a resident of the State of Oklahoma; 2.) be determined to have a disability, with a diagnosis of mental retardation, by the Social Security Administration or the Oklahoma Health Care Authority, Level of Care Evaluation Unit; 3.) be three years of age or older; 4.) be determined by the Oklahoma Health Care Authority, Level of Care Evaluation Unit, to meet the ICF/MR Institutional Level of Care requirements; 5.) be determined financially eligible through the DHS Family Support Services Division; 6.) not be enrolled in any other Medicaid waiver program; and 7.) not be residing in a hospital, nursing facility, or ICF/MR (Intermediate Care Facility for the Mentally Retarded). There is a waiting list for this program. Although children are eligible at age three (3), families are encouraged to apply as early as possible as there is a waitlist. Applications are available at local OKDHS Family Service Centers, area Developmental Disability Services (DDS) offices.

In Home Supports Waiver

<https://oklahoma.gov/okdhs/services/dd/developmental-disabilities-services.html>

In this program, families and individuals can choose the service(s) they need. Those eligible may receive services up to a specific amount each year. Services include respite, habilitation training, environmental accessibility adaptations, family training, adaptive equipment, and specialized medical supplies. Contact your area DDS office to apply for waiver services. You will need to complete the Request for Developmental Disabilities Services form to be put on the waiting list for DDS waivers.

A close-up photograph of a young girl with dark skin and curly hair, smiling broadly. She is wearing a light-colored, possibly white, dress with a small floral pattern. An adult's hand is visible, gently holding her shoulder. The background is slightly blurred, showing other people in a crowd.

STATE ASSISTED PROGRAMS

Medicaid EPSDT

This program and the SSI-Disabled Children's Program. Eligibility includes meeting requirements for the Home and Community Based Waiver. The person must reside in the family's home or his or her own home, and have critical support needs that can be met through a combination of non-waiver and Medicaid State Plan resources available to the individual, and within the per capita waiver allowance. There is a waiting list for this program. Apply through the local county OKDHS Family Service Center or one of the area DDS offices.

Low-Income Home Energy Assistance Program (LIHEAP)

<https://okdhslive.org/>

OKDHS, in cooperation with the federal government, provides seasonal assistance to low-income households to assist with winter heating bills, and to provide help for some families who have received utility cut-off notices. Applications are taken in the local OKDHS Family Service Centers. LIHEAP provides winter heating, energy crisis, summer cooling and/or weatherization and other energy-related home repair assistance to eligible low-income households throughout each year during specific application periods.

Medicaid

Apply at: <https://oklahoma.gov/ohca.html>

Medicaid Expansion: <https://oklahoma.gov/ohca/expansion.html>

This program is also known as Title XIX (19). Services range from preventive medical care for children and adults to nursing care and alternative homebound care. It is not necessary for a medical condition to exist before applying for services. Eligibility for Medicaid is determined by federal and state regulations. Applicants must meet financial and other eligibility conditions to qualify for services. Those who might be eligible include: Children (newborn up to 19 years of age), Pregnant women (women of child bearing age), Low income non-disabled adults with children (under age 19), Individuals seeking family planning services (19 years of age and older), Individuals seeking behavioral health services (no age limit), Adults, not eligible for Medicare, age 19-64; and Some individuals who would also qualify for the Insure Oklahoma program.



STATE ASSISTED PROGRAMS

TEFRA

(Tax Equity and Fiscal Responsibility Act of 1982) gives states the option to make Medicaid benefits available to children with physical or mental disabilities who would not ordinarily be eligible for Supplemental Security Income (SSI) benefits because of their parent's income or resources. This option allows children who are eligible for institutional services to be cared for in their homes. This option went into effect in Oklahoma October 1, 2005. Application can be made at any OKDHS office.

Early and Periodic Screening, Diagnosis and Treatment (EPSDT)

Persons under 21 who are receiving Medical Benefits / Medicaid may receive health and dental screenings and follow-up treatment for certain conditions. Providers include physicians, health departments, schools and some local health clinics. These exams are available on a periodic schedule based on the age of the individual.

State Supplemental Payment (SSP)

This state funded program provides financial assistance to low income, aged, blind and disabled populations who have been determined financially eligible. These individuals also receive Medicaid Services. Application is made through the local OKDHS Family Service Center.

Supplemental Nutrition Assistance Program SNAP (Food Stamps)

<https://okdhslive.org/>

The Supplemental Nutrition Assistance Program, formerly the Food Stamp program is a federally funded program that provides benefits to households who meet eligibility requirements established by the U.S. Department of Agriculture (USDA). The monthly benefit is determined by the income and size of the household and is used to purchase food. The food stamp benefit in most instances is intended to supplement other income. Anyone can apply for food stamps at the OKDHS Family Service Center in the county where he/she lives.



STATE ASSISTED PROGRAMS

Supplemental Security Income (SSI)

The SSI program is administered by the Social Security Administration and provides monthly income to people who are blind or disabled, or age 65 and older, and have limited income and financial resources. To qualify for SSI, a child must be blind or disabled and financially needy. In determining a child's financial eligibility, the parents' or step-parents' income and resources are considered. Determining disability eligibility is done by the state's Disability Determination Unit using SSA rules. Generally Social Security considers a child disabled if the child has "marked and severe functional limitations" from a physical or mental condition and if the condition has lasted or is expected to last at least 12 months or will result in the child's death. Apply for SSI at local Social Security offices.

Supplemental Security Income - Disabled Child Program (SSI-DCP)

This program assists children from birth to age 18 who receive a Supplemental Security Income Disability Payment (SSI) to receive assistance in obtaining needed equipment and services. This includes adaptive equipment, specialty formula from birth to age 18, diapers from age 4 to age 18, and other services. Application should be made through the local county OKDHS Family Service Center.

Temporary Assistance to Needy Families (TANF)

<https://okdhslive.org/>

TANF is a cash assistance program available for families who have children deprived of support because of a parent's death, incapacity, absence, or unemployment. The purpose of this federal program is to provide temporary support in meeting basic needs, training leading to employment, employment services, and day care assistance for qualified families with children. While receiving cash assistance, the adult recipients are required to work or participate in activities geared toward work and achieving self-sufficiency. Recipients also receive Health Benefits (Medicaid). Persons receiving TANF also receive child support collection services from Child Support Enforcement. Applications are made at the OKDHS Family Service Center in the county where the family lives.

Women, Infants and Children (WIC) Nutrition Program

<https://oklahoma.gov/health/family-health/wic.html>


WIC is a federal program administered by the Oklahoma State Department of Health. The program provides food, formula, nutritional screening, and information. Those eligible include women who are pregnant, breastfeeding or who have recently given birth, as well as infants and children up to five years of age. Income guidelines apply. Applications are available at a local WIC clinic or county health department.



ABBREVIATIONS & ACRONYMS

AAP	American Academy of Pediatrics
ADA	American's with Disabilities Act
APRC	Area Prevention Resource Center
ADD	Attention Deficit Disorder
ADHD	Attention Deficit Hyperactivity Disorder
ARC	Assoc. for the Rights of Citizens with Disabilities
ASD	Autism Spectrum Disorder
BIA	Bureau of Indian Affairs
CAP	Client Assistance Program
CCAN	Center for Child Abuse and Neglect
CASA	Court Appointed Special Advocates
CMHC	Community Mental Health Center
CHO	Children's Hospital of Oklahoma
CMS	Centers for Medicare and Medicaid Services
CSHCN	Children with Special Health Care Needs
DDCO	Developmental Disabilities Council of Oklahoma
DDS	Developmental Disabilities Services
DMHSAS	Department of Mental Health & Substance Abuse Services
DRS	Department of Rehabilitative Services
EI	Early Intervention (SoonerStart)
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
FAPE	Free and Appropriate Public Education
FERPA	Family Education Rights and Privacy Act
FFY	Federal Fiscal Year (Oct. – Sept. 30)
HHS	U.S. Department of Health and Human Services
HMO	Health Maintenance Organization
HTS	Habilitation Training Specialist
ICF/MR	Intermediate Care Facility for the Mentally Retarded
IDEA	Individuals with Disabilities Education Act
IEP	Individualized Education Program
IFSP	Individualized Family Service Plan
IP	Individualized Plan
IHS	Indian Health Service
LEA	Local Education Agency
LRE	Least Restrictive Environment
MCH	Maternal and Child Health
NASW	National Association of Social Workers
NAMI	National Alliance for the Mentally Ill

ABBREVIATIONS & ACRONYMS



NICU	Neonatal Intensive Care Unit
OATC	Oklahoma Assistive Technology Center
OAYS	Oklahoma Association for Youth Services
OCCY	Oklahoma Commission on Children & Youth
ODC	Office of Disability Concerns
ODLC	Oklahoma Disability Law Center
OESC	Oklahoma Employment Securities Commission
OHCA	Oklahoma Health Care Authority
OKDHS	Department of Human Services
OKAPSE	Oklahoma Association for Persons in Supported Employment
OICA	Oklahoma Institute for Child Advocacy
OJA	Office of Juvenile Affairs
OPAT	Oklahoma Parents as Teachers
OPC	Oklahoma Parents Center
ORRN	Oklahoma Respite Resource Network
OSDE	Oklahoma State Department of Education
OSDH	Oklahoma State Department of Education
OT	Occupational Therapy / Occupational Therapist
OUHSC	University of Oklahoma Health Sciences Center
PCP	Primary Care Provider/Physician
PT	Physical Therapy
PTA	Parent Teacher Association
SDE	State Department of Education
SEA	State Education Agency
SED	Severely (Serious) Emotional Disturbance
SFY	State Fiscal Year (July 1 – June 30)
SLP	Speech-Language Pathology/Pathologist
SPAN	Special Parents Access Network
SSA	Social Security Administration
SSI	Supplemental Security Income
SSDI	Social Security Disability Insurance
SSI-DCP	Supplemental Security Income – Disabled Children’s Program
TANF	Temporary Assistance to Needy Families
TDD	Telecommunication Device for the Deaf
UCEDD	University Center for Excellence in Developmental Disabilities
WIC	Women, Infants and Children